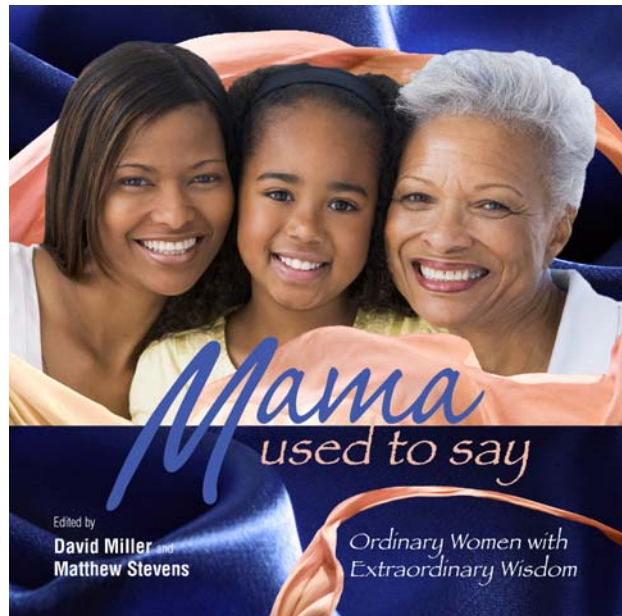


Media Advisory: New book release, *Mama Used To Say: Ordinary Women with Extraordinary Wisdom*

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FOR IMMEDIATE RELEASE: On December 15, 2009 the Urban Leadership Institute, Raising Him Alone Campaign & RASP Educational Consultants released the second in a series of books that celebrates motherhood. *MAMA USED TO SAY: Ordinary Women with Extraordinary Wisdom* Edited by David Miller & Matt Stevens honors our mothers and grandmothers through a collection of heartfelt reflections. The book highlights wisdom shared by mothers.

According to Matt Stevens, “We often do not acknowledge the contributions of mothers within this society. Most of us can remember the wise words that we received from our mothers and grandmothers growing up.”



Mama Used To Say is based on numerous interviews and submissions from men and women across the country who remembered slices of wisdom they received growing up. The book provides anecdotes and quotations covering a variety of topics. These topics include: wisdom, faith, marriage, discipline, encouragement & raising children.

“*Mama Used To Say* reminds me of when my family has a reunion and we all sit around and tell stories of the women in our family. The book covers all the joys of motherhood and reminds me of how precious mothers are. In our family we have a tradition of strong mothers in our family. I enjoyed reading, *Mama Used To Say*, the book will make you laugh and cry at the same time,” adds Monique Sterling.

The vision behind the book was conceived during conversations with mothers about raising children. Many of the mothers who participated in the *Raising Him Alone* Campaign would frequently email us things their mothers used to say. “We started receiving so many of these kinds of quotes that we decided to compile them in a book. The book is part of a growing body of work that focuses on supporting families. We believe that historically mothers and grandmothers have been marginalized. The countless hours that mothers and grandmothers spend on child rearing and maintaining families must be recognized,” states David Miller.